

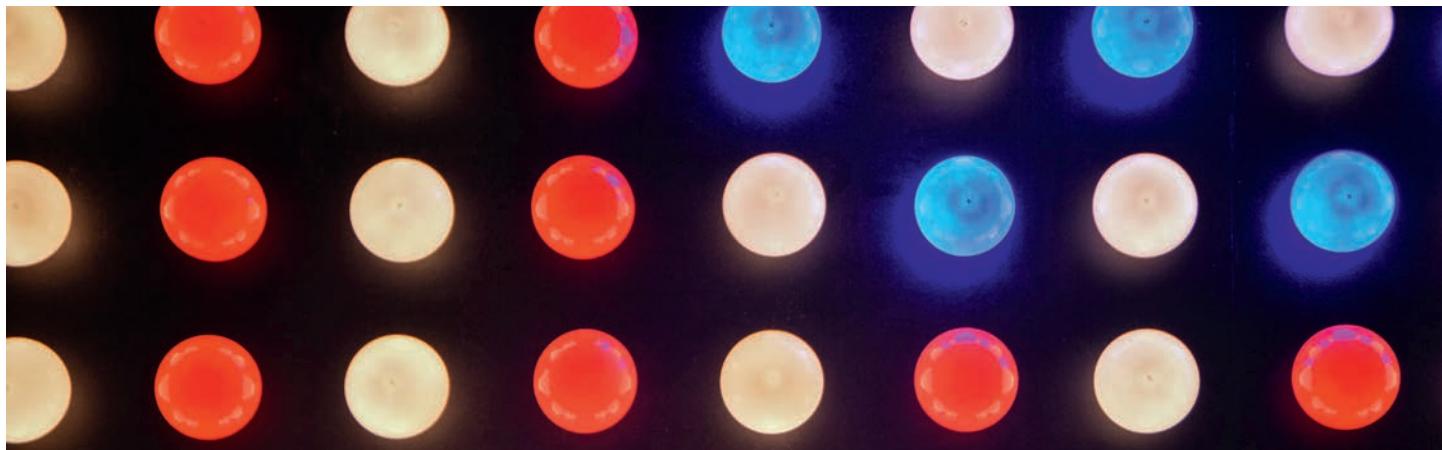


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'Defying' gravity with a simple stroboscope

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Seeing science in a new light: Build your own stroboscope and use it to create beautiful optical illusions with water!

Many human inventions are intertwined with our need to 'see' beyond one's senses. The need to see beyond the limits of one's vision led to the invention of the microscope and the telescope. Once machines were constructed that moved much faster than the human eye could follow, the stroboscope was invented.^[1] Although most students are familiar with microscopes and telescopes, few have heard of the stroboscopic effect. Nowadays, the stroboscopic effect has a variety of applications, such as in photography, medicine, or industry. There are also many papers on the use low-cost digital stroboscopes to measure the speed of motors.^[2]

In the present work, the basic principle of stroboscopy is applied in a different context: free-falling water droplets that create very impressive optical illusions.



Experimental setup and outcome

Video courtesy of Georgios Chatzisavvas and Kelly Giannakoudaki



Through a science, technology, engineering, and mathematics (STEM) approach, students can see how we can 'trick' our

senses and ‘see’ beyond them. This impressive experiment sparks students’ enthusiasm and curiosity to learn more about the phenomenon. Thus, it is an impactful way to engage your students with the basic principles of stroboscopy and extend this knowledge to the plethora of real-world applications mentioned above. It is suitable for students aged 14–18.

The setup consists of three basic components (figure 1): 1) the water outflow tank, 2) the observation chamber, and 3) the water collection basin.

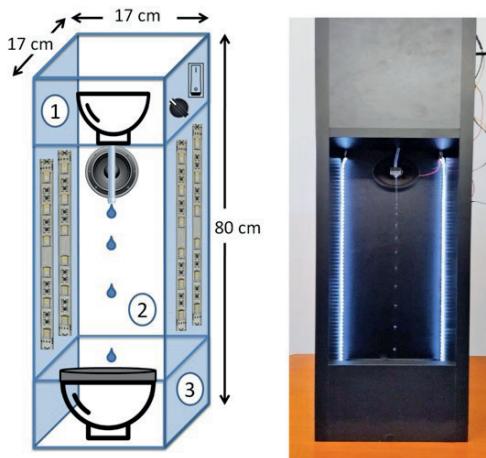


Figure 1: The chamber

Image courtesy of G. Chatzisavvas & K. Giannakoudaki

The water tank is placed in the upper part of the construction, from there the water flow moves downwards through a thin plastic pipe. The water supply to the pipe is determined by a water-flow controller (figure 2a). The plastic pipe ends in front of a speaker, which makes the pipe vibrate at a specific frequency (figure 2b).

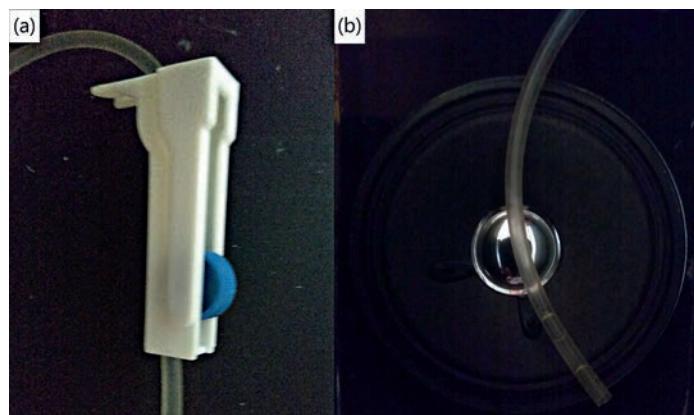


Figure 2: The water flow controller (a) and the speaker (b)

Image courtesy of G. Chatzisavvas & K. Giannakoudaki

The observation chamber, which is lit by light-emitting diode (LED) strips, is in the middle of the construction. LED lighting allows the observer to watch the phenomenon at different frequencies.

Finally, the water-collection basin, which returns water to the upper part if the chamber, is in the lower part of the construction; in this way, water is recycled through the system. This arrangement consists of three interconnected systems, which can be used to produce the ‘stationary-drop’ effect. Though the arrangement might look complicated, the only thing you have to do is assemble these three systems, as presented in detail in the following three activities. The materials used are low cost and easily available.

Activity 1: Building the stroboscopic system

This system is responsible for the production of short, repetitive flashes of light. For this purpose, four LED strips of high brightness ($1000 \text{ lumens m}^{-2}$) can be used. High brightness is chosen to allow the phenomenon to be visible under any lighting conditions. The flash frequency is determined by an Arduino UNO microcontroller regulated by a smartphone app. The length of time that the LEDs are on (duty cycle) is about 5% of the period of repeated flashes. In this way, shorter LED flashes and a better visual effect are obtained. This activity should take about 50 minutes.



Safety notes

Appropriate precautions should be taken into account for students with photosensitive epilepsy.

Materials

- Arduino board
- HC-05 Bluetooth serial wireless module
- 3 logic level N-channel metal-oxide-semiconductor field-effect transistors (MOSFETs)
- 1 k resistor
- 2 k Ω resistor
- 2 m 12 V red, green, and blue (RGB) LED strip
- 12 V power supply
- connecting wires
- 1 mini breadboard

Procedure

1. Cut the RGB LED strip into four pieces (each 50 cm long).
2. Solder four wires onto each LED strip or use a strip connector.

3. Stick two strips on the left and the other two on the right side of the chamber.
4. Connect the four LED strips together in parallel.
5. Create the circuit on the breadboard depicted in figure 3.
6. Download the sketch '[StroboscopicSystem.ino](#)' and upload it to the Arduino board.

7. Download and install the app '[AppforSmartPhone.apk](#)' onto a smartphone.
8. Run the app on the smartphone and connect it to the Arduino through Bluetooth.

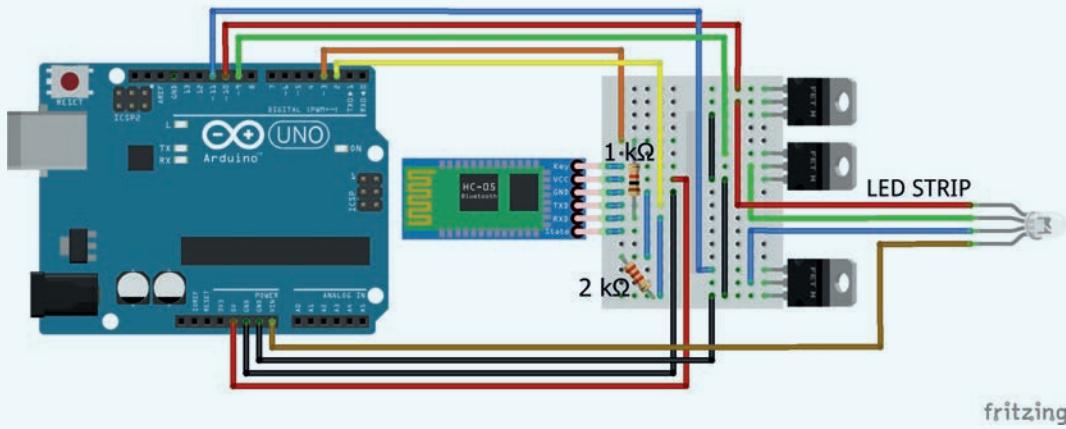


Figure 3: The circuit of the stroboscopic system

Image courtesy of G. Chatzisavvas & K. Giannakoudaki

Activity 2: Building the sound system

This system is responsible for the controlled vibration of a water pipe, and thus, for the controlled fall of water droplets. For this reason, a speaker is attached at the end of the water pipe. The device uses a 1 W speaker, an electrical circuit acting as an amplifier, and an Arduino UNO microcontroller (figure 4). This activity should take about 50 minutes.

Procedure

1. Create the circuit on the breadboard depicted in figure 4.
2. Download the sketch "[SoundSystem.ino](#)" and upload it to the Arduino board.
3. Stick the speaker to the upper back part of the chamber.

Materials

- Arduino board
- 10 kW potentiometer
- 10 W resistor
- 0.1 μF capacitor
- 1000 μF capacitor
- LM386 IC
- speaker (we used an 8 W, 1 W speaker)
- connecting wires
- 1 mini breadboard

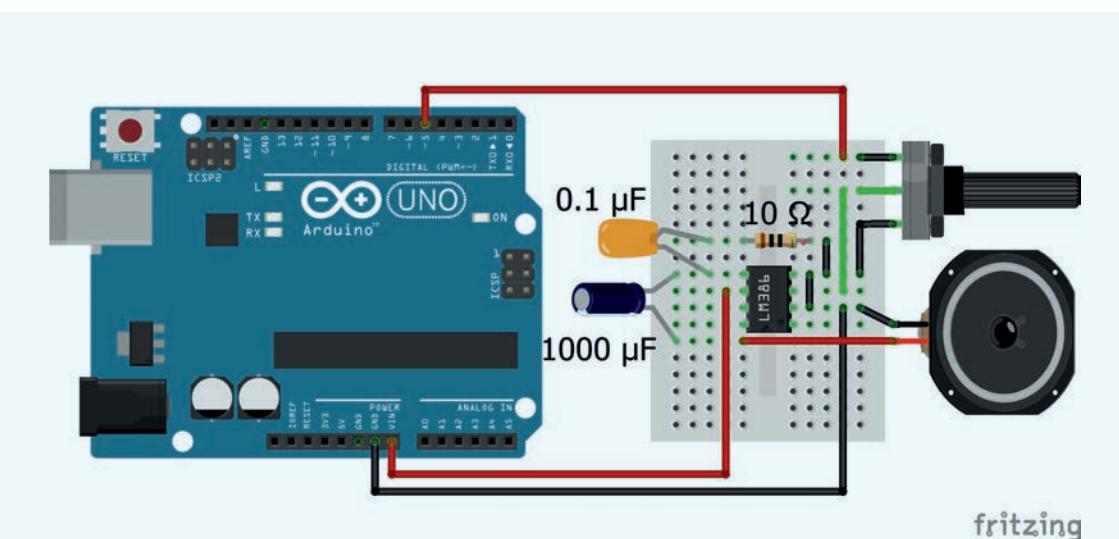


Figure 4: The circuit of the sound system

Image courtesy of G. Chatzisavvas & K. Giannakoudaki

Activity 3: Building the hydraulic system

This system is responsible for the flow of water in the chamber, and it is composed of two containers with a capacity of 1 litre each, a plastic pipe with an inner diameter of 3 mm, and the water-flow controller. A water pump and a water-level sensor enable the constant flow of water from one container to the other. This activity should take about 50 minutes.

Materials

- 2 containers (1 litre)
- hot glue gun with hot glue
- plastic pipe with the water flow controller (~30 cm)
- Arduino board
- water-level sensor
- water pump (we used a mini-submersible water pump 120 l h⁻¹) and a plastic pipe (~1 m)
- 220 W resistor
- logic level N-channel MOSFET
- diode
- power supply
- connecting wires
- 1 mini breadboard



Figure 5: The container *cont1* with the pipe and the water-level sensor
Image courtesy of G. Chatzisavvas & K. Giannakoudaki

Procedure

1. Make a small hole in one container (*cont1* – water outflow tank).
2. Fit the plastic pipe into the hole in the container and secure it with hot glue (see figure 5).
3. Place the container (*cont1*) in the upper part of the setup.
4. Place the water pump in the second container (*cont2* – water-collection basin).
5. Use a plastic pipe to connect the water pump to container *cont1*.
6. Create the circuit on the breadboard depicted in figure 6.
7. Place and fix the water-level sensor in the middle of container *cont1* (see figure 5).
8. Download the sketch '[HydraulicSystem.ino](#)' and upload it to the Arduino board.

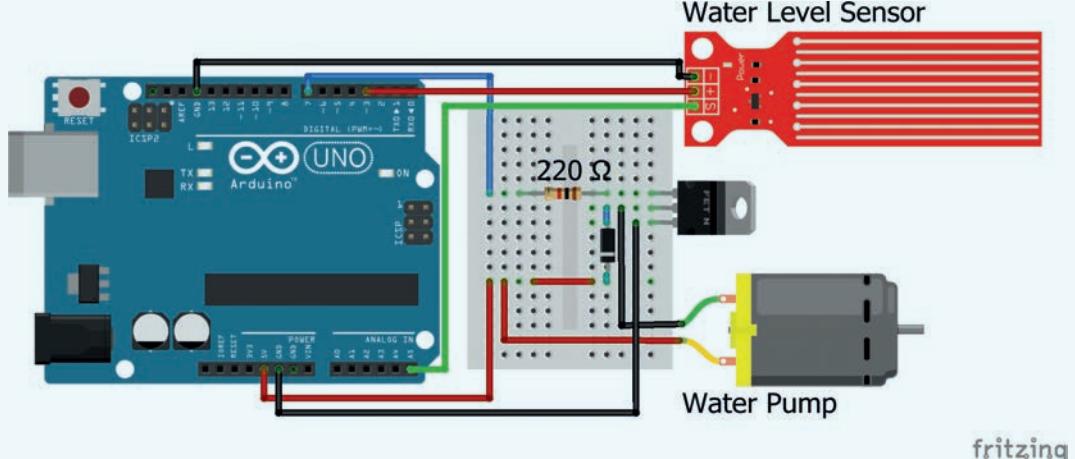


Figure 6: The circuit of the hydraulic system
Image courtesy of G. Chatzisavvas & K. Giannakoudaki

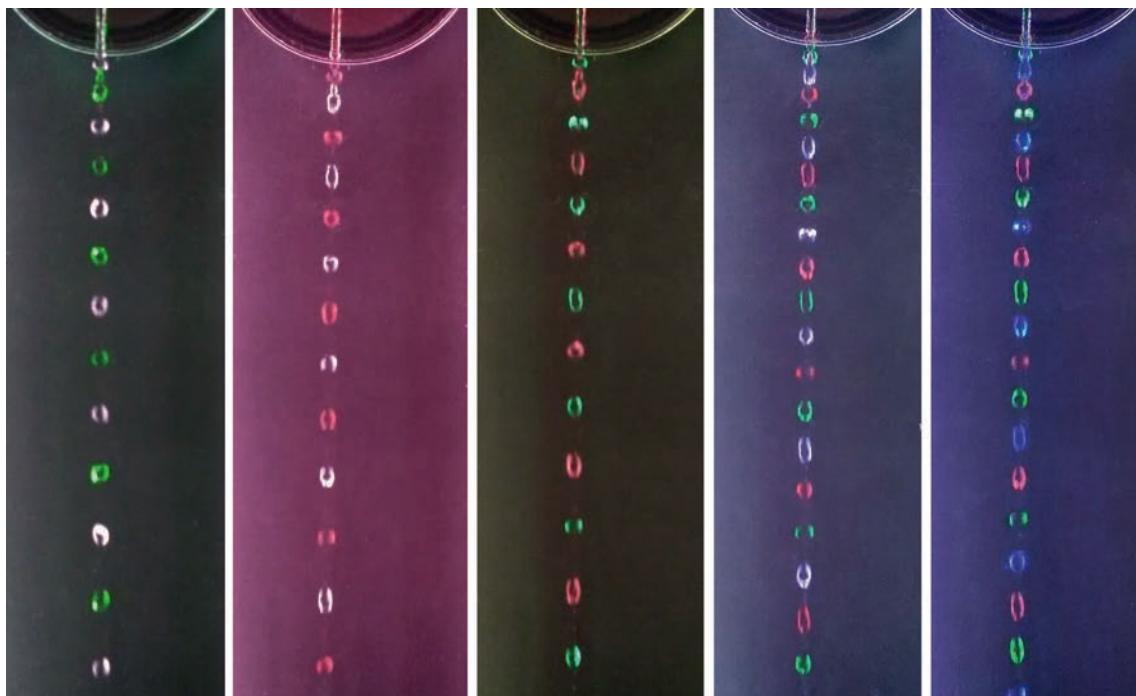


Figure 7: Five different combinations of coloured droplets

Image courtesy of G. Chatzisavvas & K. Giannakoudaki

Results

At first, we set the frequency of sound to 50 Hz. Then, we turn on the water supply while varying the flash frequency of the LEDs. When the frequency of the LEDs is equal to the frequency of sound ($f_{\text{LED}} = f_{\text{sound}} = 50 \text{ Hz}$), every time a drop comes out of the tube, the LEDs light up. So, every time the LEDs light up, we take the same snapshot and the drops will appear motionless. When the flash frequency of the LEDs is slightly lower than the frequency of sound, the drops appear to be moving downwards, whereas, when the flash frequency of the LEDs is slightly higher than the frequency of sound, the drops seem to be moving upwards.

By changing the colours of the LEDs in the app, we can see droplets with specific colours (figure 7).

Discussion

This work is a unique opportunity for students to become familiar with the stroboscopic phenomenon by applying the basic principles of physics. They also study this phenomenon in a different context from that commonly used. Students construct their own strobe using low-cost, everyday materials. By using the Arduino UNO microcontroller boards, students can change the frequency of the flashing LEDs to ‘defy’ gravity either by immobilizing the drops or by making them move upwards.

Other ideas

This setup can be also used to measure the acceleration of gravity as follows:

- use a ruler
- measure the distances between droplets
- use the equations of free fall ([see here](#))

References

- [1] Van Veen F (1977). *Handbook of Stroboscopy*. GenRad, Concord, MA.
- [2] Islam M and Bhuiyan M (2011). Low cost digital stroboscope designed to measure speed of motor optically. *2011 International Conference on Electronic Devices, Systems and Applications* pp. 187–190. IEEE, New York. ISBN: 978-1-61284-388-9

Resources

- Access a [digital repository](#) with the necessary theoretical background, simulations, photos, etc.

- Watch a [video](#) demonstrating an experiment for ‘defying gravity.
- Challenge your students to explore the laws of mechanics through experiments with counter-intuitive results:
Tsakmaki P and Koumaras P (2017) [When things don't fall: the counter-intuitive physics of balanced forces](#).
Science in School **39**: 36–39.
- Discover how our brains create the illusion of a third dimension: Brown A (2012) [Seeing is believing: 3D illusions](#).
Science in School **21**: 29–35.
- Learn about gravitational waves and where they come from: Arnaud N (2017) [Gravitational waves: a taxonomy](#).
Science in School **41**: 13–18.

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Together, they participated in the 2022 Science on Stage – Europe festival in Prague, Czech Republic, where they received an award within the theme ‘Technologies in STEM education’ for their project ‘Defying gravity!’.